



Oakmead Dental Care

Chislehurst

Dear Valued Patients,

Welcome to the latest edition of the Oakmead Dental Care newsletter! We have some exciting news and important updates to share with you this month, all designed to enhance your dental health journey and overall experience with us.

Introducing Our New Hygiene Experience: GBT (Guided Biofilm Therapy)

We are thrilled to announce the arrival of Guided Biofilm Therapy (GBT) at Oakmead Dental Care, revolutionising our hygiene appointments! GBT is a cutting-edge, minimally invasive, and highly effective approach to professional dental cleaning, ensuring a more comfortable and thorough experience for you.

What is GBT and How Does it Work?

GBT is an eight-step protocol that focuses on removing biofilm – a sticky layer of bacteria that forms on your teeth and can lead to cavities, gum disease, and bad breath. Here's how it works:

Assess: Your hygienist will thoroughly examine your mouth to identify any problem areas and assess your individual needs.

Disclose: A special dye is used to make the invisible biofilm visible, allowing for precise and targeted cleaning.

Educate: We'll show you where the biofilm is hiding and provide tailored advice on how to improve your daily oral hygiene routine.

AirFlow®: This innovative technology uses a gentle stream of warm water, air, and fine powder to remove biofilm, stains, and early calculus from your teeth, even in hard-to-reach areas. It's incredibly comfortable and effective!

PerioFlow® (if needed): For patients with gum pockets, a fine nozzle is used to clean below the gum line, ensuring a comprehensive clean.

Piezot® PS: Advanced ultrasonic technology is used for the comfortable removal of any remaining hard calculus, using minimal pressure.

Check: A final check is performed to ensure all biofilm and calculus have been removed, and your teeth are sparkling clean.

Recall: We'll recommend a personalised recall schedule to help you maintain optimal oral health.

The result? A fresher, cleaner mouth, healthier gums, and a brighter smile with maximum comfort. The price for this advanced GBT appointment is £95.

A Warm Welcome to Our New Hygienists!

We are delighted to expand our hygiene team and introduce two wonderful new hygienists to the Oakmead Dental Care family:

Paula Chlebowska: Paula will be available for appointments every Monday, bringing her expertise and gentle approach to your hygiene care.

Yvonne UgBeye: Yvonne will be with us on Wednesdays and Thursdays, ready to provide you with exceptional dental hygiene services.

Their addition allows us to offer more flexibility in booking your essential hygiene appointments, ensuring you can maintain your oral health with ease.

Introducing Our New Dentist: Anum Chaudhary

We are also thrilled to welcome our new dentist, Anum Chaudhary, to the practice! Anum will be working with us on Tuesdays, providing comprehensive general dental care for our adult patients. We are also pleased to announce that Anum will be offering NHS Children appointments, ensuring our youngest patients have access to vital dental care.

Embracing the Future of Dentistry with Pearl AI

Get ready for an even more advanced dental experience at Oakmead Dental Care! We are excited to announce that we will be embracing new AI software through Pearl AI to enhance the precision and effectiveness of your dental care.

What is Pearl AI and What Does it Do?

Pearl AI is a cutting-edge artificial intelligence platform designed to assist our dentists in providing the highest standard of care. Here's how it benefits you:

Enhanced Diagnostics: Pearl AI analyses dental images (like X-rays) with incredible accuracy, helping our dentists identify potential issues such as cavities, bone loss, or other concerns that might be difficult to spot with the human eye alone. This means earlier detection and more proactive treatment.

Improved Treatment Planning: By providing comprehensive and precise insights, Pearl AI supports our dentists in creating the most effective and personalised treatment plans for your unique needs.

Increased Transparency: Pearl AI can help us explain findings more clearly to you, showing you

exactly what the AI has identified on your scans, fostering greater understanding and trust. Rest assured, Pearl AI is a tool to assist our skilled dental professionals; it does not replace their expertise or judgment. It simply empowers them with more information to deliver the best possible outcomes for your oral health.

Practice Refurbishment

Over the next couple of weeks, we will be undertaking some exciting renovations as the practice gets a fresh coat of paint! We apologise in advance for any minor disruption this may cause during your visits. We appreciate your understanding as we work to create an even more welcoming and modern environment for you.

Upcoming Price Adjustment

Please be advised that on Monday, July 21st, 2025, there will be a slight price increase across some of our services. We encourage you to keep an eye on our website for updated pricing details. We want to reassure you that any treatment plans that have been made and quoted prior to this increase will be honoured at their original price.

Dental System Change

Just to let all patients know that from Monday, July 14th, 2025, our system will start to automatically rebook your routine appointments in the diary for 3,6,12 months. You can always cancel or rearrange if the appointment doesn't work, just give us 48 hours' notice and we will be able to fix that for you. Our system will remind you a month before the appointment, a week before and then two days before to ensure your well informed.

We are committed to providing you with the highest quality dental care in a comfortable and modern environment. We look forward to seeing you at your next appointment!

Warm regards,

